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## Will My Insurance Cover Nutrition Counseling?

Nutrition Dynamix is a Preferred Provider with a contract for service with the following insurance companies:

- Anthem Blue Cross Blue Shield**
- United Healthcare**
- Humana**
- Rocky Mountain Health Plans**
- Medicare Part B**

Each insurance plan has individualized coverage depending upon what your employer has elected to include. **Just because Nutrition Dynamix accepts your insurance does not mean that you have paid nutrition coverage on your insurance plan.** There may also be restrictions and/or limits with your nutrition counseling plan. For example, a plan may only cover if you have Diabetes or Morbid Obesity or a plan may have limits to the number of visits per calendar year. Some plans may classify Nutrition Counseling as Preventative where copays usually don't apply. Other plans may require a copay.

**Patients that want to determine insurance coverage can contact their insurance company and write down the answers to the following questions.**

1. Date Contacted: \_\_\_\_\_
2. Insurance Rep. Name: \_\_\_\_\_
3. Do I have coverage for Nutrition Counseling (CPT Code 97802 Initial Assessment and CPT 97803 Follow-up)? \_\_\_\_\_
4. Are there restrictions on what diagnostic codes are covered? \_\_\_\_\_  
 \_\_\_\_\_
5. Are there restrictions on the number of visits? \_\_\_\_\_
6. Does my yearly Out of Pocket Deductible need to be met before my Nutrition Counseling is covered? \_\_\_\_\_
7. Do I have a copay? \_\_\_\_\_
8. Confirmation number for this phone call: \_\_\_\_\_